

The Alabama Dental Hygienists' Association
Annual Session
April 12-13, 2019
DoubleTree Hotel
1101 6th Avenue NE
Decatur, AL 35601
(256) 355-3150

Friday, April 12, 2019

7:30 am -8:00 am

Welcome Breakfast and Registration

8:00 am- 11:00 am

Because You Can't See Sterile

Speaker: Leann Keefer, RDH, BS, MSM with over 20 years of academic and directorial experience, Leann Keefer has gained a reputation as a trailblazer and international speaker in the arena of infection prevention.

In her role as Director of Clinical Services and Education for Crosstex International, Ms. Keefer proactively identifies trends in the fields of healthcare and infection prevention, developing and implementing the company's long-term strategies relating to education and professional relations.

Leann received her degree in Dental Hygiene as well as her Bachelors of Science Degree in Education from Indiana University; she was awarded her Master's Degree in Business Management from Indiana Wesleyan University.

Leann was appointed to the OSAP Association Board of Directors in 2012 and serves on various foundation and publication boards in the USA and Canada; she was a site visitor for the ADA Commission on Dental Accreditation. Most recently, Leann was honored by Dimensions of Dental Hygiene as one of the 6 Dental Hygienists You Want to Know in 2017.

Course Description: The adage, "what you can't see won't hurt you" can have disastrous consequences related to infection prevention. The ultimate goal of instrument processing is to provide sterile patient care items. The course will review the basic premise of instrument management through the entire handling, cleaning, sterilization, monitoring and storage cycle. Discussions with hands on activities will include instrument washers, immediate use sterilization, chemical indicators vs. integrators, wraps vs. pouches, and biological monitoring recommendations. Participants will leave this course signed, sealed and ready to deliver sterility assurance to their clinical practice!

Upon completion of the course, the participant should be able to:

Course Objectives

- Discuss the purpose of developing a sterility assurance program and review the guidelines for compliance
- List and describe the six levels of instrument processing and management
- Discuss the various methods of sterilization and identify the benefits and challenges.
- Identify the application of various sterilization process parameters including mechanical, chemical, and biological monitors
- Discuss the differences in biological indicator designs and performance.

Jump In.... The Water's CLEAN!!!!

Providing clean, safe dental water is critical to implementing and maintaining effective infection control protocols. Challenges of basic equipment design and tubing contribute to the development of biofilm in dental unit waterlines. Discussion will include compliance with current guidelines related to microbiological water standards and protocol recommendations for best treatment of DUWL protocols to ensure patient and clinician safety. Selecting the appropriate face mask is a key component to minimize the spread of potentially infectious diseases.

Course Objectives

Upon completion of this CE activity, the participants will be able to

- Describe the causes of biofilm contamination of DUWLs
- List the microorganisms found in DUWL output water and how they relate to potential transmission
- Recognize the exposure risks of aerosols and splatter; describe the three ASTM F2100-11 mask levels of performance
- Review the significant clinical studies related to DUWL
- Discuss various treatments and monitoring to achieve dental unit waterline quality that will meet CDC/ADA recommendations

11:00 am- 11:30 am

It's Your Body Calling

Speaker: Anne Nugent Guignon, RDH, MPH, CSP is a visionary thinker. Anne began dental hygiene practice in 1971 and has received numerous accolades for mentoring, research, and guiding her profession. She was recognized by DPR in 2012 as one of the Top 25 Women in Dentistry and chosen a RDH readers' Most Effective Educator in 2016.

She is an international speaker, prolific author, RDH Magazine's Senior Consulting Editor, University of Texas Dental School faculty member, and has worked in developing and testing many clinical products. In 2015 she was awarded the Certified Speaking Professional credential, the National Speakers Association's highest earned credential

"Hello. Remember me? I'm your primary working tool. These aches and pains are getting to me....Why are you ignoring me?"

Clinicians often ignore the warning signs, thinking they'll never get sidelined with an injury, but aches and pains are signals that something is wrong. Listen to your body now! Learn how to reduce your injury risks and sustain your career.

Objectives:

- Understand the risk for developing a musculoskeletal disorder
- Reduce postural challenges through magnification / illumination systems
- Identify benefits of sit/stand seating options
- Appreciate advances in glove fit

11:30 am – 1:30 pm

Lunch on your own and Exhibits/Marketplace

1:30 pm- 4:30 pm

Life Is A Breeze Except When You're Dry As A Bone

Speaker: Anne Nugent Guignon

Course Description: Dry mouth syndrome is an increasing problem in all age groups, from children to young adults to seniors and it is complicated. Clinicians need to understand that feeling dry (xerostomia) is not necessarily the same as being dry (hyposalivation).

Today's patients have complex lifestyles, compromising personal habits and diverse medical conditions, each of which can contribute to dry mouth issues. Living with a dry mouth, day in and day out, is a quality-of-life issue that affects dietary intake, speech, oral health, and self-esteem. This course explores factors contributing to today's increasing epidemic of dry mouth and ways to help patients cope with oral discomfort.

Objectives:

- Appreciate the components of healthy saliva
- Understand the role dry mouth plays in caries, erosion, dentinal hypersensitivity, periodontal disease, and candidiasis
- Learn multiple strategies to improve salivary flow and enhance saliva quality

Saturday, April 13, 2019

8:30-9:00

Welcome Breakfast and Registration

9:00-12:00

The Sick Generation- Sipping, Munching, Crunching Couch Potato Kids

Speaker: Anne Nugent Guignon

Course Description: Today's children are destined to have a shorter lifespan than their parents and grandparents. Compromised diets, new family structures, and changing social mores are creating a generation of children and adolescents who are plagued with preventable degenerative diseases, conditions that used to be exclusive to aging adults.

Learn how the epidemics of diabetes, obesity, tobacco, osteoporosis, sleeping disorders, and asthma are impacting and shortening the lives of our children. This course will provide information and tools to help identify some of this century's most complicated nutritional deficiencies and activity challenges.

Objectives:

- Understand factors contributing to the rising incidence of degenerative disease
- Become aware of how dietary habits set the stage for disease
- Learn how personal lifestyles impact long-term health outcomes

- Recognize the role of education and awareness in choosing healthier options
- Appreciate the role of dental professionals in creating healthier lifestyle options

12:30-3:30 **Beating the Odds: A Story NOT Silenced by Stage IV Oral Cancer**

Speaker: **Eva Grayzel** told her story at the 2003 National ADA conference on the main stage. Since then, she has become the voice for oral cancer, speaking internationally at dental and medical conferences on the patient perspective. She performed her story as a one-woman show Off-Broadway. Eva founded Six-Step Screening, an oral cancer awareness campaign and for the success of the campaign was given honorary membership to the American Academy of Oral Medicine.

She is the author of two children's books to empower children with coping skills and communication strategies when someone they know has cancer. She is the creator of 'My Story Legacy,' an interactive format for documenting family stories, life values and wisdom.

Course Description: Eva Grayzel transports dental professionals into the oral cancer patient's experience sharing riveting details about her delayed diagnosis and finding the strength to persevere through the devastating effects of radical surgery and radiation motivating new thinking about oral cancer screenings and patient education. Her compelling narrative humanizes oral cancer, inspiring audiences professionally and personally.

Course Objectives:

Integrate oral cancer screenings with patient education .
Optimize screening techniques and patient care
Develop a standard of care for screenings
Understand long-term effects of radiation to the oral cavity
Protect yourself from liability in an oral cancer case